

**Elisabeth  
ROCHAT DE LA VALLEE**

Specialist lecturer in ancient  
Chinese philosophy and  
classical medical texts

Principal of The European  
School of Acupuncture  
[www.acupuncture-europe.org](http://www.acupuncture-europe.org)

Author of numerous books  
translated into 8 languages



**Riddles Court Centre**  
322 Lawnmarket  
(top of Royal Mile)  
Edinburgh EH1 2PQ

**Lecture open to the public**

**Costs: £60 before 24th march**  
£70 thereafter,  
Cheque payable to  
Pascal Da Silva  
2 West Terrace  
Blackness EH49 7NN

**A certificate of attendance  
for CPD purposes can be  
supplied**

Lecture

# What is Healing?

The difference between healing and treatment,  
healing and transformation

from the Chinese classics

**Saturday 24th April 2010 9.30-5pm**  
(lunch break 12.30-2pm)

Riddles Court **EDINBURGH**

Historically, Chinese culture placed great importance on both mind and spiritual transformation as an integral part of healing physical disease.

An important aspect of healing is re-establishing the natural order and flow of Qi-Breath which nourishes and preserves life. This cannot be done without a change occurring in the very heart of this life.

The Chinese classical texts offer us another approach to disease and healing, to the body and spirit and helps us to question and enrich our own understanding.

**Find out more**

Donald STEPHEN 0780 663 4498  
Pascal DA SILVA 0798 274 2177  
Edinburgh group coordinators  
**The British Acupuncture Council**  
[www.acupuncture.org.uk](http://www.acupuncture.org.uk)