**Your name**

**Your address**

**Your telephone number  
Your date of birth**

Your GP’s name

Their medical practice name

24 February 2021

Dear Dr name  
  
**Request for you to sign the short letter attached, to allow me to receive acupuncture**

I would be very grateful for your support. I just need a short letter to allow me to receive acupuncture, which I am paying for myself. As you may know, I need acupuncture for essential/urgent treatment of my clinically diagnosed condition (insert), because no treatment would have a significant adverse impact on my wellbeing.

I understand that in this phase of lockdown during the COVID-19 pandemic, it is Scottish Government policy that a letter is needed from a GP or other regulated health professional before I can have acupuncture. The General Medical Council has explicitly authorised general practitioners to refer to registers accredited by the Professional Standards Authority (PSA) <https://www.gmc-uk.org/ethical-guidance/ethical-guidance-for-doctors/delegation-and-referral/delegation-and-referral>. The British Acupuncture Council (BAcC) operates the only acupuncture register accredited by the PSA – <https://www.professionalstandards.org.uk/check-practitioners/practitioner/acupuncturist>. Acupuncturists are allowed to continue working during the current Coronavirus restrictions, as long as her patients obtain a referral letter from their GP.

The acupuncturist I will see is Pascal DA SILVA MBAcC, who works at 6 North Charlotte street, Edinburgh and at Airthrey Park Medical Centre, University of Stirling (<https://www.edinburgh-acupuncture.co.uk>). He is a member of the BAcC (membership number 958418). His membership can be checked online here: <https://www.acupuncture.org.uk/find#general> or by emailing the safe practice officer [H.Bowie-Carlin@acupuncture.org.uk](mailto:H.Bowie-Carlin@acupuncture.org.uk). BAcC members follow strict Covid-19 health and safety measures outlined in detailed guidance based on the Scottish Government and NHS standards of Infection Protection Control.

For your convenience, I have enclosed a letter for you to sign so that I can access acupuncture treatment, which I regard as an urgent necessity.

Please do not hesitate to contact me, or the BAcC directly, if you would like more information.

Many thanks in advance for your help, during these challenging times when I know you’re busy. I really appreciate your support.

Yours sincerely,

**Your name  
Your GP’s name**

**Their medical practice name**

Mr Pascal DA SILVA MBAcC

6 North Charlotte Street

Edinburgh EH2 4HR

Airthrey Park Medical Centre

University of Stirling FK9 4NJ

ecosseacupuncture@gmail.com

Dear Mr DA SILVA

**Your name**

**Your address**

**Your telephone number  
Your date of birth**

I understand that it is now Scottish Government policy – in this phase of lockdown during the COVID-19 pandemic – that a referral letter is needed from a GP or other regulated health professional before this patient can have acupuncture. They tell me that they need acupuncture for essential/urgent treatment of a clinically diagnosed condition, because no treatment would have a significant adverse impact on their wellbeing. Therefore, I am happy to support their choice to receive acupuncture treatment.

Yours Sincerely

**Your GP’s name**